

Aboriginal Child & Family Health Service

Contact us

Menai Community Health Centre
32 Allison Crescent
MENAI NSW 2234

HOURS: Monday - Friday
8.30am - 5.00pm

PHONE: 9543 1111

MOBILE: 0447 254 588

Karitane 24hr Careline:
1300 227 464

Tresillian Parents Helpline:
1300 272 736

Australian Breastfeeding Assoc
1800 686 268

**PANDA - Perinatal Anxiety and
Depression Australia**
1300 726 306

Program funded by NSW Government



Health
South Eastern Sydney
Local Health District

Narrangy-Booris

Aboriginal Child & Family Health Service



Artist - ©Deanna Schreiber

Building Strong Foundations for
Aboriginal children, families and communities

*Narrangy-Booris acknowledges the traditional
custodians and caretakers of our local land and
waterways, the Dharawal people and pay our
respects to the ancestors and Elders,
past, present and future.*



Narrangy-Booris
(little children)



ABOUT OUR SERVICE

Narrangy-Booris is a free Aboriginal/Torres Strait Islander Child & Family Health Service located in Menai.

The service provides health care and support to help you care for your new baby so he or she grows to be healthy, strong and deadly.

Aboriginal Health Workers from the Narrangy-Booris team work closely with our Child and Family Health Nurses to care for you and your children from birth to 5 years.

The team also includes a speech pathologist, occupational therapist, social worker and a pediatrician who visits fortnightly.

TYPES OF SERVICES OFFERED

- PHR blue book health checks
- Breast Feeding Support
- Information on infant feeding and nutrition
- Hearing/Eye screening
- Health assessments and therapy
- Counseling and Support
- Help with family issues
- Parenting and Support groups
- Referral and support to access other services
- Health initiative events
- Well women's health support
- Virtual and phone consults
- Linking families into the Koori Kids Playgroup

WHO CAN USE OUR SERVICE?

Aboriginal mothers, fathers, grandparents, aunties/uncles and carers who's children identify as Aboriginal/Torres Strait Islander, are under 5 years of age and live in the Sutherland Shire/St George area.

We can see you in your home for your baby health checks, at your local community health centre or a place where you and your child feel culturally safe and comfortable.

